

Wanaque Recreation 3 on 3 Outdoor Youth Basketball League Rules

League's philosophy is to have fun, foster teamwork and promote sportsmanship and allowing players to learn basic fundamentals of the game of basketball.

COVID safety and social distancing rules apply- See separate attachment

- All Games are full court play on outdoor courts at Back Beach Park
- 3 on 3 basketball games are played by two teams of 3 players each, with a maximum of 3 substitutions
- Two games are scheduled to be played every Saturday with a 5 minute break between games
- 5 Week Season All Games played on Saturdays
- 4 Divisions Boys Senior Grades 6 – 8, Girls Senior Grades 6-8, Boys Junior Grades 3-5 Girls Junior Grades 3-5
- Each Division will consist of 4 teams
- Start Date October 20 End Date November 7
- Game Start Times
 - Girls Junior 12:00 & 12:25
 - Boys Junior 1:00 & 1:25
 - Girls Senior 2:00 & 2:25
 - Boys Senior 3:00 & 3:25
 - 5 Minute Break between games, with 15 minute break between league games
- Sign up at Blue Sombrero <https://tshq.bluesombrero.com/wanaquenj>
- Computer assigns player to team
- Player Fee \$20

High School rules apply with the following exceptions

- Ball Size Senior Boys will use 29.5 Senior Girls and Junior Boys and Junior Girls will use 28.5
- Games are 20 minutes running time
- Only 1 overtime of 3 minutes will be played for any games that are tied at the end of regulation, if game still ends in a tie, both teams will be awarded a tie
- Clock will only stop for time outs, substitutions and injuries.
- Each team is allowed two 45 second time outs. Time outs do not carry over. Clock will stop for time outs.
- No time outs in overtime
- No JUMP BALL- Visiting team gets the ball to start the game and alternate possession rules apply the rest of the game
- Players are out of the game after committing 5 personal fouls
- Teams must have 3 players to start the game, but can play with less than 3 if no substitutes are available
- No pressing in back court
- Half court pressure can only be applied in last two minutes of play unless winning by 10 points or more
- If a team is winning by 10 points or more, they must remain inside the 3 point line on defense. Once the winning team drop below 10 points, they can come back out of the 3 point line
- Three second rule violations applies- in the younger league ref can warn players more for a learning moment
- Every player must play one half of the game.
- If a team uses a sub from another team, that sub cannot play more time than the team's players
- If technical or intentional fouls are committed- 1 point will be automatically awarded to the other team along with possession of the ball.
- Players will be ejected from the game for unsportsmanlike conduct.

- Only 1 ref per game
- Home Team is designated as the official scorebook

Scoring

- 2 points awarded for made 2 point shots and 3 points for shots made beyond the 3 point line
- Only 1 Free Throw awarded- if player is fouled in act of shooting (or in bonus situation)
- Free Throw Point will equal the amount of points that could have been made if all free throws were awarded i.e. if fouled while taking 3 point shot, made free throw then equals 3 points